

## Friday, May 15, 2026

### Clinician: Lane Ochi, DDS, FACD, FICD

**Bio:** Dr Lane Ochi has presented at national and international audiences on the topic of aesthetic restorative dentistry and occlusion. He graduated with honors from the University of Southern California in 1981, where he received the Robert W. McNulty Memorial Award for the highest scholastic achievement. He has been elected to membership in Alpha Tau Epsilon - U.S.C. Dental School Honor Society, Phi Kappa Phi - National Society of Scholars, Omicron Kappa Upsilon - National Dental Honor Society, the Pierre Fauchard Academy - International Honor Dental Society, and he is a Fellow in the American College of Dentists and the International College of Dentists. He is currently an Associate Clinical Professor in the Department of Restorative Dentistry and was the Co-director of Occlusion at U.S.C. School of Dentistry. He is also an Assistant Director in the Advanced Restorative Institute Dental Education Center and serves as a specialist consultant to the Graduate Prosthodontic Program at the Veterans Affairs Hospital in West Los Angeles. He has lectured to national and international audiences about aesthetic restorative dentistry and occlusion. He was presented with the McCollum Award from the IAG that recognizes those who have contributed significantly to the clinical application and educational advancement of occlusion internationally. He has received multiple Commendations from the County of Los Angeles for his efforts to promote the health and wellbeing of underserved populations in his community. Dr. Ochi maintains a full-time private practice in Beverly Hills with an emphasis on physiologic and aesthetic reconstructive dentistry. His patients include Academy Award winners, former Miss America's, and some of the most recognized names in the entertainment business.

**Time & CE:** 8:00 AM – 12:00 PM | **CE:** 4 hrs. Academic or Clinical

**Course Title:** The Application of Color Theory and Shade Selection in Restorative Dentistry

**Course Description:** Color theory is a language that conceptually and perceptually describes the elements of color and their interactions. Unfortunately, it's quite a tricky concept, and we all know if the color of a restoration is off it can result in us feeling like we've failed, and the patient walks away disappointed.

Understanding color is tricky. Slight variances in shade play with our eyes, our minds, and, ultimately, our dentistry. The illumination in the dental treatment room, optical illusions, color blindness, and fatigue are among the dental professional's ongoing obstacles to successful shade matching. This course will enlighten the dentist and ceramist on the dimensions of color, the effect of metamerism and other phenomenon.

By being fluent in the language of color, we can sharpen our perception of color, better understand existing color dynamics, make better predictions, and communicate more clearly about color.

A review of these concepts as rules and guidelines will be presented in a manner that can be utilized to resolve complex esthetic problems. Armed with this knowledge you can get your restorations to match adjacent teeth more successfully, so your patients leave feeling happy with your restorative outcomes. (Continued on pg. 2)

Learning Objectives:

1. Understand the interactions of light, color, color perception and shade matching.
2. Understand the phenomenon of metamerism, and how it can act as a complicating factor in shade selection.
3. Understand how to make the best shade selection.
4. Learn 3 simple tricks to improve your ability to select the most correct color.

**Clinician: Kami Hoss, DDS, MS**

**Bio:** Dr. Kami Hoss holds a master's degree in craniofacial biology from USC, a doctorate in dental surgery from UCLA, and a post-doctorate in orthodontics and dentofacial orthopedics. He co-founded The Super Dentists with his business partner and wife. Dr. Hoss is on the Board of Counselors at UCLA School of Dentistry. He is also the founder and CEO of SuperMouth, a company providing dentist-curated oral care systems and products. He is a published author of "If Your Mouth Could Talk: An In-Depth Guide to Oral Health and Its Impact on Your Entire Life." Dr. Hoss offers community programs, seminars, and workshops all over the country. His speaking engagement focuses on oral health and its impact on pregnancy, sleep, disease, and even emotional wellbeing, giving people the tools and information to dramatically improve their lives. He has been featured on more than 100 local, national, and international publications and media outlets.

**Time & CE:** 8:00 AM – 11:00 AM | CE: 3 hrs. Academic or Clinical

**Course Title:** The 10 Myths About Oral Care Products That Are Holding Dentistry Back

**Course Description:** Patients constantly ask: "Is fluoride necessary?", "Is mouthwash good for you?", "Which toothpaste should I use?", "Are natural products safer?", "Why am I still sensitive?", and "Which brush or floss is best?" — yet most dental and hygiene programs never taught the science behind ingredients, formulations, product design, or their effects on the oral microbiome. As a result, even well-intentioned clinicians often recommend products that disrupt microbial balance, increase sensitivity, weaken enamel, or worsen oral and systemic health. In this dynamic myth-busting CE course, Dr. Kami Hoss reveals the 10 most damaging misconceptions about oral-care products that continue to hold dentistry back. You'll go far beyond the outdated fluoride vs. non-fluoride debate and explore the real science behind micro- vs. nano-hydroxyapatite, prebiotics and probiotics, antibiotics hidden in everyday formulations, whitening agents, abrasives, pH, antiseptic mouthwash and nitric oxide disruption, and why many so-called "natural" formulas are anything but safe. This is the course dental professionals say they wish they had in school — a practical, eye-opening look at the critical knowledge missing from traditional dental and hygiene education, and what every clinician must know today to confidently guide patients toward safe, effective, microbiome-supportive home-care choices. (Continued on pg. 3)

Learning Objectives:

1. Identify and debunk the 10 most common myths about oral-care products that mislead clinicians and patients.
2. Compare fluoride, micro-hydroxyapatite, and nano-hydroxyapatite in terms of safety, efficacy, enamel repair, sensitivity reduction, and microbiome impact.
3. Explain the roles of prebiotics, probiotics, and antibiotics in oral-care formulations and how they affect microbial balance and inflammation.
4. Evaluate the biological effects of common oral-care ingredients — sweeteners, “natural” ingredients, whitening agents, abrasives, essential oils, alcohol, and Forever Chemicals.
5. Provide evidence-based, age- and stage-specific product recommendations using safe, microbiome-friendly, pH-balanced routines.

**Clinician: Karen Daw, MBA, CECM, CDIPC**

**Bio:** Karen Daw, "The OSHA Lady," is an award-winning national speaker, consultant and former Clinic Health and Safety Director for The Ohio State University College of Dentistry. Affectionately known in the industry for her engaging, edu-training style, Karen helps dental and medical teams transform compliance from a checklist into a culture of safety. She has been featured on 20/20, The Discovery Channel, and The Doctors for her outside-the-box thinking and expertise, and is a trusted resource to practices, hospitals, and organizations nationwide. Through her company, The OSHA Lady, she partner with healthcare teams to deliver customized OSHA, infection control, and workplace safety training that is practical, memorable, and inspection-ready.

**Time & CE:** 8:15 AM – 9:15 AM | CE: 1 hr. Practice Management

**Course Title:** Shake It Off: Verbal De-escalation Skills for Dental Teams

**Course Description:** When emotions run high, conversations with patients can go south fast. This laugh-out-loud, real-world, “we’ve all been there” course gives healthcare teams practical, ready-to-use verbal de-escalation tools to handle those moments with confidence and composure. In one fast-paced hour, attendees learn what not to say (and why it backfires), how to stay grounded when someone is upset, and how body language, tone, and pacing can turn the temperature up or instantly bring it down.

Through memorable stories pulled straight from real practice life, participants explore simple frameworks that help redirect escalating conversations, set boundaries without becoming defensive, and call for subtle support using discreet code words or phrases, all without alarming other patients in the room.

We’ll also connect these everyday skills back to OSHA’s General Duty Clause, which requires employers to provide a safe workplace free from recognized hazards, including escalating or aggressive patient behavior. This session is upbeat, energetic, and highly practical, giving teams communication skills they can use the very next day to create a safer, calmer environment for everyone. (Continued on pg. 4)

Learning Objectives:

1. Describe why phrases like “you need to calm down” rarely work with escalating patients, and identify alternative approaches that reduce tension instead of adding to the bad blood.
2. Recognize when a patient is emotionally overwhelmed and not thinking clearly, using verbal and nonverbal cues to catch those moments when they’re in a bit of a lavender haze and need a different communication strategy.
3. Apply verbal de-escalation techniques that help team members reset and “shake it off” after a difficult interaction, including supportive internal communication, discreet code words or phrases for backup, and simple tools (like QTIP and other brief frameworks) to stay composed and effective.

**Clinician: Laurence Gaalaas, DDS, MS**

**Bio:** Dr. Gaalaas earned his dental degree from the University of Minnesota, followed by advanced specialty training and a Master of Science in Oral and Maxillofacial Radiology at the University of North Carolina at Chapel Hill. As a dedicated researcher and innovator, his expertise spans development of dental MRI, evaluating clinical applications of cone beam computed tomography (CBCT), caries detection and diagnosis, and the development of other innovative dental imaging techniques such as low-dose 3D intraoral radiography. He is a Diplomate of the American Board of Oral and Maxillofacial Radiology and an active member of the American Academy of Oral and Maxillofacial Radiology. Dr. Gaalaas has ongoing teaching responsibilities at the University of Minnesota and maintains an active clinical radiology practice through Dental Radiology Diagnostics.

**Time & CE:** 9:00 AM – 12:00 PM | CE: 3 hrs. Radiology

**Course Title:** Radiography Update 2026: Refresher on CBCT Use in Dentistry and Updates in Digital Dental Radiology

**Course Description:** In this seminar we will review the basics of CBCT acquisition and interpretation including universal software viewing strategies and understanding scan reviewing and reporting expectations. We will also review a variety of CBCT teaching cases including general dental, endodontic, and incidental findings. We will review recent, relevant updates and developments in dental radiology including the use of AI in dental radiology diagnosis, best practices for transferring digital dental imaging electronically, updates on patient shielding, use of panoramic bitewing radiographs, and airway analysis on CBCT.

**Clinician: Rick Ritt, EMT-P-MA President Consultant**

**Bio:** Rick is the president and consultant for Dental Simulation Specialists. Rick has a vast foundation of acute critical care experience as a paramedic for over 25 years. He served thirteen years as a Paramedic Officer with the Chicago Fire Department. For 20 years he directed the second largest American Heart Association Clinical Training Center in the country. Rick developed a great understanding of equipment by establishing a parts and service distributorship with Laerdal. In 2014, he established Dental Simulation Specialists Inc. to serve the growing need to increase awareness, patient safety, and outcomes in the dental office.

**Time & CE:** 9:00 AM – 12:00 PM | 3 hrs. Academic, Anesthesia, or Clinical

**Course Title:** Anesthesia Emergency Management for the Dental Team

**Course Description:** This unique and challenging program provides a didactic and hands-on clinical simulation experience that addresses the proper assessment and management of patient complications associated with minimal to moderate sedation. This course will explore simulations for the dental team as a method to improve patient safety and outcomes. Case studies will be presented where you will be engaged interactively to determine critical decisions and therapies for those patients. A look at In-Situ Simulation, its importance, frequency and effects will be reviewed. Participants will be given the opportunity to participate and demonstrate the appropriate patient management with a variety of hands-on simulations with Sim Man.

**Speaker: Sandi Hudson, Owner/Partner, Established Division**

**Bio:** Company founder of Unlock the PPO, Sandi Hudson has a degree in Business Administration from the University of Iowa. After several years in healthcare and fundraising management, she transitioned into dental office management and spent a decade overseeing dental insurance participation and negotiations. She has worked with over 1500 offices across the country and has a broad perspective on how to tailor insurance decisions to various regions and demographics. She is passionate about working on behalf of private practices to remain competitive and to target the unique challenges of solo practice ownership. By keeping abreast of industry trends, she is well positioned to help dentists prepare for how insurance will best fit into their practices both now and in the future. Sandi is married to a dentist and has a unique perspective on both consultant and dental practice ownership, uncommon in the industry.

**Time & CE:** 9:30 AM – 11:30 AM | 2 hrs. Practice Management

**Course Title:** Dental PPO Insurance Control, Strategy & Negotiations

**Course Description:** Virtually all dental offices are experiencing the same crunch since Covid . . . . stagnant reimbursement rates while costs have gone up and a shrinking labor pool has created much higher salary expenses. Knowing how to evaluate which PPOs make sense for your office, if any, is a key component of offsetting some of this market change. (Continued on pg. 6)

Learning Objectives:

1. How to evaluate your practice to get a good basic snapshot of the impact the insurance companies are having on your practice currently.
2. If you are going to attempt negotiations own your own, some tips to spending your time most productively.
3. Understanding direct contracts compared to shared networks/third party administrators. This is a critical part of contracting and knowing your options.
4. Explanation of the differences between having a Delta PPO contract compared to being Delta Premier only and how to see if it's an option for you and if so, how to evaluate if it would make sense to pursue.
5. Determining when it's time to reduce PPO participation and work less for the same, or better, collections.
6. Determining when it may be time to consider expanding PPOs and how to evaluate what that cost would be.
7. Despite social media bombardment of information, there's no one right way for all practices to evaluate participation. Be comfortable creating the best path for taking control of your practice and finding the fit for you.

**Clinician: Samantha Christopherson (American Foundation of Suicide Prevention)**

**Bio:** Samantha Christopherson is the Dakotas Executive Director of the American Foundation for Suicide Prevention (AFSP). AFSP is a voluntary health organization with a mission to save lives and bring hope to those affected by suicide. AFSP is the number one private funder of mental health research. On the local level, the South Dakota Chapter is active in prevention education, advocacy and support for suicide loss survivors.

**Time & CE:** 1:00 PM – 2:00 PM | **CE:** 1 hr. Practice Management

**Course Title:** Talks Save Lives

**Course Description:**

Learning objectives:

1. Describe the impact of suicide
2. Identify contributors to suicide and protective factors
3. Understand how suicide may impact certain communities differently
4. Describe how to recognize suicide warning signs
5. Provide examples of how to start a conversation about suicide with someone you are concerned about
6. List ways to seek and offer support and crisis resources for yourself or others

**Clinician: Kami Hoss, DDS, MS** (see bio pg. 2)

**Time & CE:** 1:00 PM – 3:00 PM | **CE:** 2 hrs. Academic or Clinical

**Course Title:** From Conception to Longevity: How Oral Health Shapes Human Destiny

**Course Description:** Oral health is one of the most influential—and overlooked—drivers of human development, systemic disease, and longevity. In this eye-opening CE course, Dr. Kami Hoss reveals how the mouth shapes health from conception through healthy aging, influencing fertility, pregnancy outcomes, childhood development, airway and sleep, chronic disease risk, mental health, confidence, and overall lifespan. Participants will learn the latest science on the oral microbiome, nitric oxide pathways, inflammation, and airway health, and why traditional dental education and oral-care products have failed to address the true root causes of oral disease. Dr. Hoss provides clear, evidence-based strategies for safe, effective, age-specific prevention that empowers dental professionals to break generational cycles of disease and elevate patient health across every stage of life.

**Learning Objectives:**

1. Explain how oral health impacts human development from pre-conception through aging, including its role in fertility, pregnancy, infant microbiome formation, childhood airway development, and long-term wellness.
2. Identify key pathways linking oral disease to systemic conditions, including dysbiosis, inflammation, nitric oxide disruption, and airway dysfunction, and their relevance to cardiovascular disease, Alzheimer's, cancers, and pregnancy complications.
3. Describe the psychosocial effects of oral health across the lifespan, including behavior, confidence, mental health, relationships, and professional outcomes.
4. Evaluate shortcomings in dental education and conventional oral-care products by identifying gaps in training and comparing harmful versus beneficial ingredients and tools.
5. Apply evidence-based preventive strategies for every age and stage by recommending safe, microbiome-supportive, pH-balanced routines tailored to infants, children, teens, adults, pregnant patients, and aging populations.

**Clinician: Thomas Viola, R. Ph., CCP**

**Bio:** With over 30 years of experience as a board-certified pharmacist, clinical educator, professional speaker and published author, Tom Viola has earned his international reputation as the go-to specialist for making pharmacology practical and useful for all members of the dental team. As the founder of Pharmacology Declassified, Tom's mission is to provide clinicians valuable insight into the dental considerations of general medicine as well as the medical considerations of general dentistry. As an award-winning educator, Tom is a member of the faculty of 15 dental professional degree programs. As a widely-published author, Tom is well known for his contributions to several professional journals and pharmacology textbooks and currently serves as a consultant to the ADA's Council on Scientific Affairs. As an award-winning speaker, Tom has been recognized by many organizations and associations as one of the most sought-after lecturers in dentistry and has presented over 1000 informative and engaging continuing education seminars and webinars to dental professionals since 2001.

**Time & CE:** 1:00 PM – 4:00 PM | CE: 3 hrs. Academic or Clinical

**Course Title:** Something in Our Mist

**Course Description:** Will Vaping Challenge the Dental Professions as Smoking Has in the Past? And Is it Really Safer Than Smoking? Although conventional cigarette smoking among young adults has declined markedly over the past several decades, there has been a substantial increase in the use of vaporizing devices. While originally designed as alternative delivery vehicles for nicotine in place of tobacco, advances in technology and lack of strict regulation has given rise to the use of these devices as delivery vehicles for a variety of substances, especially cannabis. Unfortunately, very little information is available about the safety of the active and inactive ingredients present in products used for vaping. This course will provide participants with an overview of cannabis, vaping, and their overall systemic adverse effects. Special emphasis will be given to the oral complications associated with vaping, as well as patient care planning strategies.

Learning Objectives:

1. Describe the pharmacology of cannabis, including its mechanism of action, routes of administration and available formulations.
2. Compare smoking and vaping as alternate delivery systems for introducing drugs like nicotine and cannabis into the lungs.
3. Describe the oral and systemic complications encountered by patients who vape.
4. Explain current available treatment strategies and patient care planning techniques for patients who vape cannabis.

**Clinician: Rick Ritt, EMT-P-MA President Consultant (see pg. 5 for bio.)**

**Time & CE:** 1:00 PM – 4:00 PM | 3 hrs. CPR

**Course Title:** CPR

**Course Description:** This course trains participants to promptly recognize several life-threatening emergencies, give high-quality chest compressions, deliver appropriate ventilations and provide early use of an AED. Reflects science and education from the American Heart Association Guidelines Update for CPR and Emergency Cardiovascular Care (ECC).

**Clinician: Lane Ochi, DDS, FACD, FICD (see pg. 1 for bio.)**

**Time & CE:** 1:00 PM – 4:00 PM | CE: 4 hrs. Academic or Clinical

**Course Title:** Looking at Restorative Success Through the Lens of Proven Occlusion Based Principles

**Course Description:** Our profession is rich with concepts of how to address the function & dysfunction of the temporomandibular system. Many of the early and still popular etiologic theories are based on mechanical concepts of occlusion. While we can point to treatment success, we must be careful to assign factual evidence to support these beliefs. We continue to be faced with a myriad of treatment options, all with the same evidence-based challenges. If we are to utilize any of these mechanical designs in our restorative treatments, we must recognize the biologic diversity of every patient we treat. Failure visits our practices in many forms, even with the newest restorative materials that promise success. In this program we will explore the forces that threaten our finest efforts and what options we must address. Equally important is the application of communication and appreciate purpose vs. process treatment planning as it applies to our everyday dentistry and beyond. Learn cooperative problem identification where the dentist and patient discover what is happening in the patient's mouth and what can be predicted for the years ahead.

**Learning Objectives:**

Upon completion of this course, you should be able to:

1. Understand the benefits and limitations of treating to MIP.
2. Recognize the advantages to treatment planning and treating to CR.
3. Determining whether the VDO may have changed with tooth wear, and how to establish a new VDO.
4. Balance esthetic outcomes with functional and parafunctional design for longevity.
5. How to spread out the cost of treatment by treating in phases and still achieve a predictable outcome.